



# Grow a Row for Community Food Share

**Pledge** to grow extra produce for families who are food insecure in Boulder and Broomfield Counties. Visit [www.communityfoodshare.org/pledge](http://www.communityfoodshare.org/pledge) to register your garden.

**Harvest** your fresh fruits and vegetables.

**Donate** your harvest to Community Food Share — it will be distributed to one of our 40+ non-profit Partner Agencies or directly to our program participants. No donation is too small!



**FREE vegetable seeds available first come, first served**

## Recommended produce to grow:

- |              |               |
|--------------|---------------|
| Tomatoes     | Spinach       |
| Cucumbers    | Green Beans   |
| Broccoli     | Tomatillos    |
| Lettuce      | Chili Peppers |
| Corn         | Onions        |
| Bell Peppers | Cabbage       |

## Don't have a garden?

Join our garden and glean volunteer team or become a Garden Leader!

Contact for more info:  
(303) 525-3491  
[gardenshare@communityfoodshare.org](mailto:gardenshare@communityfoodshare.org)

**GARDEN SHARE**  
community  
FOOD SHARE